

Lakeport Unified School District

High School Lunch Menu

Mar 19, 2018

Page 1

April 2018

Monday	Tuesday	Wednesday	Thursday	Friday
Apr - 2 Apr - 9 Chicken Burger Burrito Beef Ravioli Breadsticks Turkey Sand & PotatoSoup Lettuce Tomato Pickles Salad Bar Fresh Fruit Variety Milk- Variety Salsa	Apr - 3 Apr - 10 Spaghetti Breadsticks Chicken Ceasar Wraps Hot Ham & Cheese Sand. Meatball Sub Salad Bar Fresh Fruit Variety Milk- Variety	Apr - 4 Apr - 11 Hamburger with Bun BBQ Pulled Pork Sandwich Spicy Black Bean Burger Roast Beef & Swiss Sub Salad Bar Fresh Fruit Variety Baked Potato Milk- Variety	Apr - 5 Apr - 12 Chicken Taco Boat Refried Beans Turkey & Cheese Wrap Ham Pesto Wrap Tamale Salad Bar Fresh Fruit Variety Milk- Variety Salsa	Apr - 6 Apr - 13 Pizza Cheese Round Egg Rolls w/ Rice & Veg Salad Bar Fresh Fruit Variety Milk- Variety
Apr - 16 Hamburger with Bun Rib B Que on a Bun Chili Dog Potato Wedges Lettuce Tomato Pickles Salad Bar Fresh Fruit Variety Milk- Variety	Apr - 17 Lasagna Breadsticks Fish Sticks & Fries Chicken Ceasar Wraps Salad Bar Fresh Fruit Variety Milk- Variety	Apr - 18 Chicken Fajitas Burrito W.G. Corn Dog French Fries Taquito's Chicken Guacamole & Sour Cream Salad Bar Fresh Fruit Variety Baked Potato Milk- Variety Salsa	Apr - 19 Chili Cheese Nacho's Turkey & Cheese Sub Ham & Cheese Sub Tamale Lettuce Tomato Salad Bar Fresh Fruit Variety Milk- Variety	Apr - 20 Pizza, Stuffed Crust Burrito Salad Bar Fresh Fruit Variety Milk- Variety
Apr - 23 Taco Tator Tot Casserole Chicken Nuggets Steamed Brown Rice Turkey Pesto Wrap Roast Beef & Swiss Sub Lettuce Tomato Salad Bar Fresh Fruit Variety Milk- Variety Salsa	Apr - 24 Cincinnati Chili Cracker Oyster Chicken Ceasar Wraps Hamburger with Bun Hot Dog on a Bun Lettuce Tomato Pickles Salad Bar Fresh Fruit Variety Milk- Variety	Apr - 25 Beef Ravioli Breadsticks Egg Salad Sandwich Turkey & Cheese Wrap Ham Pesto Wrap Salad Bar Fresh Fruit Variety Milk- Variety Baked Potato	Apr - 26 Fish & Chips BBQ Pulled Pork Sandwich Meatball Sub Mini Corn Dogs Salad Bar Fresh Fruit Variety Milk- Variety	Apr - 27 Pizza Cheese Round Burrito Salad Bar Fresh Fruit Variety Milk- Variety
Apr - 30 Baked Chicken Macaroni Salad Bacon Cheese Burger Rib B Que on a Bun Salad Bar Lettuce Tomato Pickles Fresh Fruit Variety Milk- Variety				

In operation of child feeding programs, no child will be discriminated against because of race, color, national origin, age, or handicap. If you believe you have been discriminated against write immediately to the Secretary of Agriculture, Washington D.C. 20250

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient.

***** - denotes combined nutrient totals with either missing or incomplete nutrient data.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.