

Lakeport Unified School District

August 2019 K-8th Grade Breakfast Menu

Jul 2, 2019

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Monday	Tuesday	Wednesday	Thursday	Friday
	Aug - 13 Buttermilk Bar Assorted Cereal Variety Fresh Fruit Assorted Fruit Juice Assorted Milk- Variety	Aug - 14 Bagel & Cream Cheese Assorted Cereal Variety Fresh Fruit Assorted Fruit Juice Assorted Milk- Variety	Aug - 15 Potato Bake Assorted Cereal Variety Fresh Fruit Assorted Fruit Juice Assorted Milk- Variety	Aug - 16 Pancake on a Stick Assorted Cereal Variety Fresh Fruit Assorted Fruit Juice Assorted Milk- Variety
Aug - 19 Yogurt and Granola Assorted Cereal Variety Fresh Fruit Assorted Fruit Juice Assorted Milk- Variety	Aug - 20 Eng. Muffin & PB & J Assorted Cereal Variety Fresh Fruit Assorted Fruit Juice Assorted Milk- Variety	Aug - 21 Sausage Breakfast Pizza Assorted Cereal Variety Fresh Fruit Assorted Fruit Juice Assorted Milk- Variety	Aug - 22 French Toast Syrup Assorted Cereal Variety Fresh Fruit Assorted Fruit Juice Assorted Milk- Variety	Aug - 23 Waffle Sticks Syrup Assorted Cereal Variety Fresh Fruit Assorted Fruit Juice Assorted Milk- Variety
Aug - 26 Pancake on a Stick Assorted Cereal Variety Fresh Fruit Assorted Fruit Juice Assorted Milk- Variety	Aug - 27 Oatmeal Oatmeal Toppings Assorted Cereal Variety Fresh Fruit Assorted Fruit Juice Assorted Milk- Variety	Aug - 28 Parfait Assorted Cereal Variety Fresh Fruit Assorted Fruit Juice Assorted Milk- Variety	Aug - 29 Muffin Variety Assorted Cereal Variety Fresh Fruit Assorted Fruit Juice Assorted Milk- Variety	

In operation of child feeding programs, no child will be discriminated against because of race, color, national origin, age, or handicap. If you believe you have been discriminated against write immediately to the Secretary of Agriculture, Washington D.C. 20250

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient.

*** -** denotes combined nutrient totals with either missing or incomplete nutrient data.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.