

Lakeport Unified School District

August 2019 - High School Breakfast Menu

Jul 2, 2019

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Monday	Tuesday	Wednesday	Thursday	Friday
	Aug - 13 Buttermilk Bar Bagel Variety Cream Cheese Variety Cereal Variety Yogurt w/ Granola Fresh Fruit Variety Orange Juice Milk- Variety	Aug - 14 Muffin Variety Bagel Variety Cream Cheese Variety Cereal Variety Yogurt w/ Granola Fresh Fruit Variety Orange Juice Milk- Variety	Aug - 15 Potato Bake Bagel Variety Cream Cheese Variety Cereal Variety Yogurt w/ Granola Fresh Fruit Variety Orange Juice Milk- Variety	Aug - 16 Pancake on a Stick Bagel Variety Cream Cheese Variety Cereal Variety Yogurt w/ Granola Fresh Fruit Variety Orange Juice Milk- Variety
Aug - 19 Yogurt w/ Granola Bagel Variety Cream Cheese Variety Cereal Variety Fresh Fruit Variety Orange Juice Milk- Variety	Aug - 20 Eng. Muffin & PB & J Bagel Variety Cream Cheese Variety Cereal Variety Yogurt w/ Granola Fresh Fruit Variety Orange Juice Milk- Variety	Aug - 21 Breakfast Scramble Pizza Bagel Variety Cream Cheese Variety Cereal Variety Yogurt w/ Granola Fresh Fruit Variety Orange Juice Milk- Variety	Aug - 22 French Toast Syrup Bagel Variety Cream Cheese Variety Cereal Variety Yogurt w/ Granola Fresh Fruit Variety Orange Juice Milk- Variety	Aug - 23 Waffle Sticks Syrup Bagel Variety Cream Cheese Variety Cereal Variety Yogurt w/ Granola Fresh Fruit Variety Orange Juice Milk- Variety
Aug - 26 Pancake on a Stick Bagel Variety Cream Cheese Variety Cereal Variety Yogurt w/ Granola Fresh Fruit Variety Orange Juice Milk- Variety	Aug - 27 Oatmeal Oatmeal Toppings Bagel Variety Cream Cheese Variety Cereal Variety Yogurt w/ Granola Fresh Fruit Variety Orange Juice Milk- Variety	Aug - 28 Parfait Bagel Variety Cream Cheese Variety Cereal Variety Yogurt w/ Granola Fresh Fruit Variety Orange Juice Milk- Variety	Aug - 29 Muffin Variety Bagel Variety Cream Cheese Variety Cereal Variety Yogurt w/ Granola Fresh Fruit Variety Orange Juice Milk- Variety	Aug - 30

In operation of child feeding programs, no child will be discriminated against because of race, color, national origin, age, or handicap. If you believe you have been discriminated against write immediately to the Secretary of Agriculture, Washington D.C. 20250

**N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient.*

** - denotes combined nutrient totals with either missing or incomplete nutrient data.*

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.