

Lakeport Unified School District

August 2019 K-8 Lunch Menu

Jul 23, 2019

Monday	Tuesday	Wednesday	Thursday	Friday
	Aug - 13 Chicken Burger Lettuce Tomato Pickles Peas Salad Bar Fresh Fruit Assorted Milk- Variety	Aug - 14 BBQ Pulled Pork Sandwich Sidewinders BBQ Salad Bar Fresh Fruit Assorted Milk- Variety	Aug - 15 Beef Ravioli Breadsticks Salad Bar Fresh Fruit Assorted Milk- Variety	Aug - 16 Chicken Fritters Steamed Brown Rice Steamed Broccoli Salad Bar Fresh Fruit Assorted Milk- Variety
Aug - 19 Chicken Taco Boat Spanish Rice Salad Bar Fresh Fruit Assorted Milk- Variety Salsa	Aug - 20 Chili Cheese Nacho's Fortune Cookie Salad Bar Fresh Fruit Assorted Milk- Variety	Aug - 21 Turkey Sand Lettuce Tomato Veggie Sticks Salad Bar Fresh Fruit Assorted Milk- Variety	Aug - 22 Egg Rolls w/ Rice & Veg Salad Bar Fresh Fruit Variety Milk- Variety	Aug - 23 Pizza Chicken Garlic Refried Beans Salad Bar Fresh Fruit Variety Milk- Variety
Aug - 26 Chicken Caesar Salad Breadsticks Salad Bar Fresh Fruit Assorted Milk- Variety	Aug - 27 Hamburger with Bun Baked Beans Lettuce Tomato Pickles Salad Bar Fresh Fruit Assorted Milk- Variety	Aug - 28 Mac and Cheese W Ham Fresh Roll Steamed Broccoli Salad Bar Fresh Fruit Variety Milk- Variety	Aug - 29 Mini Corn Dogs French Fries Salad Garden-Ranch Fresh Fruit Assorted Milk- Variety	Aug - 30

In operation of child feeding programs, no child will be discriminated against because of race, color, national origin, age, or handicap. If you believe you have been discriminated against write immediately to the Secretary of Agriculture, Washington D.C. 20250

**N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient.*

** - denotes combined nutrient totals with either missing or incomplete nutrient data.*

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.