

# Lakeport Unified School District

## High School Breakfast Menu

Jan 19, 2018

Page 1

February 2018

Monday	Tuesday	Wednesday	Thursday	Friday
			Feb - 1 Breakfast Scamble Pizza Bagel Variety Cream Cheese Assorted Cereal Variety Yogurt w/ Granola Fresh Fruit Assorted Milk- Variety Orange Juice	Feb - 2 Cardinal Sandwich Bagel Variety Cream Cheese Assorted Cereal Variety Yogurt w/ Granola Fresh Fruit Assorted Milk- Variety Orange Juice
Feb - 5 Croissant Egg & Cheese Bagel Variety Cream Cheese Assorted Cereal Variety Yogurt w/ Granola Fresh Fruit Assorted Milk- Variety Orange Juice	Feb - 6 Oatmeal Oatmeal Toppings Bagel Variety Cream Cheese Assorted Cereal Variety Yogurt w/ Granola Fresh Fruit Assorted Milk- Variety Orange Juice	Feb - 7 Buttermilk Bar Bagel Variety Cream Cheese Assorted Cereal Variety Yogurt w/ Granola Fresh Fruit Assorted Milk- Variety Orange Juice	Feb - 8 Egg, Sausage Burrito Bagel Variety Cream Cheese Assorted Cereal Variety Yogurt w/ Granola Fresh Fruit Assorted Milk- Variety Orange Juice	Feb - 9 Pancakes with Fruit Bagel Variety Cream Cheese Assorted Cereal Variety Yogurt w/ Granola Fresh Fruit Assorted Milk- Variety Orange Juice
Feb - 12 HOLIDAY	Feb - 13 Pancake on a Stick Bagel Variety Cream Cheese Assorted Cereal Variety Yogurt w/ Granola Fresh Fruit Assorted Milk- Variety Orange Juice	Feb - 14 Biscuit and Gravy Casserole Bagel Variety Cream Cheese Assorted Cereal Variety Yogurt w/ Granola Fresh Fruit Assorted Milk- Variety Orange Juice	Feb - 15 Waffle Sticks Syrup Bagel Variety Cream Cheese Assorted Cereal Variety Yogurt w/ Granola Fresh Fruit Assorted Milk- Variety Orange Juice	Feb - 16 Cardinal Sandwich Bagel Variety Cream Cheese Assorted Cereal Variety Yogurt w/ Granola Fresh Fruit Assorted Milk- Variety Orange Juice
Feb - 19 HOLIDAY	Feb - 20 Oatmeal Oatmeal Toppings Bagel Variety Cream Cheese Assorted Cereal Variety Yogurt w/ Granola Fresh Fruit Assorted Milk- Variety Orange Juice	Feb - 21 Potato Bake Bagel Variety Cream Cheese Assorted Cereal Variety Yogurt w/ Granola Fresh Fruit Assorted Milk- Variety Orange Juice	Feb - 22 Breakfast Boat Bagel Variety Cream Cheese Assorted Cereal Variety Yogurt w/ Granola Fresh Fruit Assorted Milk- Variety Orange Juice	Feb - 23 Breakfast Wrap Bagel Variety Cream Cheese Assorted Cereal Variety Yogurt w/ Granola Fresh Fruit Assorted Milk- Variety Orange Juice
Feb - 26 Pancake on a Stick Bagel Variety Cream Cheese Assorted Cereal Variety Yogurt w/ Granola Fresh Fruit Assorted Milk- Variety Orange Juice	Feb - 27 Quiche Bagel Variety Cream Cheese Assorted Cereal Variety Yogurt w/ Granola Fresh Fruit Assorted Milk- Variety Orange Juice	Feb - 28 Breakfast Scamble Pizza Bagel Variety Cream Cheese Assorted Cereal Variety Yogurt w/ Granola Fresh Fruit Assorted Milk- Variety Orange Juice		

In operation of child feeding programs, no child will be discriminated against because of race, color, national origin, age, or handicap. If you believe you have been discriminated against write immediately to the Secretary of Agriculture, Washington D.C. 20250

**\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient.**

**\* - denotes combined nutrient totals with either missing or incomplete nutrient data.**

**NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.**