

Lakeport Unified School District

High School Lunch Menu

February 2018

Monday	Tuesday	Wednesday	Thursday	Friday
			Feb - 1 Chicken Nuggets Steamed Brown Rice Taquito's Chicken Guacamole & Sour Cream Meatball Sub Hot Ham & Cheese Sand. Salad Bar Fresh Fruit Variety Milk- Variety	Feb - 2 Pizza Cheese Round Burrito Salad Bar Fresh Fruit Variety Milk- Variety
Feb - 5 Fish & Chips Grilled Chicken Patty W.G. Corn Dog French Fries Lettuce Tomato Pickles Salad Bar Fresh Fruit Variety Milk- Variety	Feb - 6 Baked Chicken Lasagna Breadsticks Turkey & Cheese Sub Ham & Cheese Sub Lettuce Tomato Salad Bar Fresh Fruit Variety Milk- Variety	Feb - 7 Hamburger w/ Cheese BBQ Pulled Pork Sandwich Roast Beef & Swiss Sub White Chicken Chili Cornbread Salad Bar Fresh Fruit Variety Baked Potato Milk- Variety Lettuce Tomato Pickles	Feb - 8 Burrito Taco Nada Habanero Meatball Sub Tamale Steamed Brown Rice Salad Bar Fresh Fruit Variety Milk- Variety Salsa	Feb - 9 Pizza, Stuffed Crust Egg Rolls w/ Rice & Veg Salad Bar Fresh Fruit Variety Milk- Variety
Feb - 12 HOLIDAY	Feb - 13 Steak & Cheese Tornado Spaghetti Breadsticks Rib B Que on a Bun French Fries Salad Bar Fresh Fruit Variety Milk- Variety	Feb - 14 Chicken Chow Mein Burrito Roast Beef & Swiss Sub Turkey & Cheese Sub Tuna Sand Clam Chow Salad Bar Fresh Fruit Variety Baked Potato Milk- Variety	Feb - 15 Turkey Taco Boat Beef Ravioli Breadsticks Chicken Ceasar Wraps Salad Bar Fresh Fruit Variety Milk- Variety Salsa	Feb - 16 Pizza Cheese Round Burrito Salad Bar Fresh Fruit Variety Milk- Variety
Feb - 19 HOLIDAY	Feb - 20 Fish Sticks & Fries Hamburger with Bun Mini Corn Dogs Tamale Pie Fresh Roll Lettuce Tomato Pickles Salad Bar Fresh Fruit Variety Milk- Variety	Feb - 21 Grilled Chicken Patty Hot Ham & Cheese Sand. Meatball Sub Chicken Chow Mein Salad Bar Fresh Fruit Variety Baked Potato Milk- Variety	Feb - 22 Orange Chicken Sloppy Joe on a bun Chili Dog Turkey & Cheese Wrap Ham Pesto Wrap Salad Bar Fresh Fruit Variety Milk- Variety	Feb - 23 Pizza, Stuffed Crust Burrito Salad Bar Fresh Fruit Variety Milk- Variety
Feb - 26 Hot Ham & Cheese Sand. Hamburger with Bun W.G. Corn Dog French Fries Taquito's Chicken Steamed Brown Rice Lettuce Tomato Pickles Salad Bar Fresh Fruit Variety Milk- Variety	Feb - 27 Lasagna Breadsticks Turkey Taco Boat BBQ Pulled Pork Sandwich Salad Bar Fresh Fruit Variety Milk- Variety Salsa	Feb - 28 Grilled Chicken Patty Fish & Chips Tamale Chicken Enchilada Fresh Roll Salad Bar Fresh Fruit Variety Baked Potato Milk- Variety		

In operation of child feeding programs, no child will be discriminated against because of race, color, national origin, age, or handicap. If you believe you have been discriminated against write immediately to the Secretary of Agriculture, Washington D.C. 20250

***N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient.**

*** - denotes combined nutrient totals with either missing or incomplete nutrient data.**

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.