

# Lakeport Unified School District

## FEBRUARY 2019 High School Breakfast Menu

Jan 23, 2019

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Monday	Tuesday	Wednesday	Thursday	Friday
				Feb - 1  Biscuits & Gravy Bagel Variety Cream Cheese Variety Cereal Variety Yogurt w/ Granola Fresh Fruit Variety Orange Juice Milk- Variety
Feb - 4  Oatmeal Oatmeal Toppings Bagel Variety Cream Cheese Variety Cereal Variety Yogurt w/ Granola Fresh Fruit Variety Orange Juice Milk- Variety	Feb - 5  Potato Bake Bagel Variety Cream Cheese Variety Cereal Variety Yogurt w/ Granola Fresh Fruit Variety Orange Juice Milk- Variety	Feb - 6  French Toast Sticks Syrup Bagel Variety Cream Cheese Variety Cereal Variety Yogurt w/ Granola Fresh Fruit Variety Orange Juice Milk- Variety	Feb - 7  Breakfast Slider Bagel Variety Cream Cheese Variety Cereal Variety Yogurt w/ Granola Fresh Fruit Variety Orange Juice Milk- Variety	Feb - 8  Cardinal Sandwich Bagel Variety Cream Cheese Variety Cereal Variety Yogurt w/ Granola Fresh Fruit Variety Orange Juice Milk- Variety
Feb - 11  Waffle Sticks Syrup Bagel Variety Cream Cheese Variety Cereal Variety Yogurt w/ Granola Fresh Fruit Variety Orange Juice Milk- Variety	Feb - 12  Croissant Egg & Cheese Bagel Variety Cream Cheese Variety Cereal Variety Yogurt w/ Granola Fresh Fruit Variety Orange Juice Milk- Variety	Feb - 13  Breakfast Scramble Pizza Bagel Variety Cream Cheese Variety Cereal Variety Yogurt w/ Granola Fresh Fruit Variety Orange Juice Milk- Variety	Feb - 14  Pancake on a Stick Bagel Variety Cream Cheese Variety Cereal Variety Yogurt w/ Granola Fresh Fruit Variety Orange Juice Milk- Variety	Feb - 15  HOLIDAY
Feb - 18  HOLIDAY	Feb - 19  Pancakes with Fruit Syrup Bagel Variety Cream Cheese Variety Cereal Variety Yogurt w/ Granola Fresh Fruit Variety Orange Juice Milk- Variety	Feb - 20  Yogurt w/ Granola Bagel Variety Cream Cheese Variety Cereal Variety Fresh Fruit Variety Orange Juice Milk- Variety	Feb - 21  Potato Bake Bagel Variety Cream Cheese Variety Cereal Variety Yogurt w/ Granola Fresh Fruit Variety Orange Juice Milk- Variety	Feb - 22  Egg, Sausage Burrito Bagel Variety Cream Cheese Variety Cereal Variety Yogurt w/ Granola Fresh Fruit Variety Orange Juice Milk- Variety
Feb - 25  Breakfast Boat Bagel Variety Cream Cheese Variety Cereal Variety Yogurt w/ Granola Fresh Fruit Variety Orange Juice Milk- Variety	Feb - 26  Eng. Muffin & PB & J Bagel Variety Cream Cheese Variety Cereal Variety Yogurt w/ Granola Fresh Fruit Variety Orange Juice Milk- Variety	Feb - 27  Buttermilk Bar Bagel Variety Cream Cheese Variety Cereal Variety Yogurt w/ Granola Fresh Fruit Variety Orange Juice Milk- Variety	Feb - 28  Biscuit and Gravy Casserole Bagel Variety Cream Cheese Variety Cereal Variety Yogurt w/ Granola Fresh Fruit Variety Orange Juice Milk- Variety	

In operation of child feeding programs, no child will be discriminated against because of race, color, national origin, age, or handicap. If you believe you have been discriminated against write immediately to the Secretary of Agriculture, Washington D.C. 20250

*\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient.*

*\* - denotes combined nutrient totals with either missing or incomplete nutrient data.*

**NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.**