

Lakeport Unified School District

FEBRUARY 2019 High School Lunch

Monday	Tuesday	Wednesday	Thursday	Friday
				Feb - 1 Bacon Cheese Burger French Fries Chicken Caesar Wraps Chicken Nuggets Steamed Brown Rice Steamed Broccoli Lettuce Tomato Pickles Salad Garden-Ranch Fresh Fruit Variety Milk- Variety
Feb - 4 Burrito Taquito's Chicken Guacamole & Sour Cream Beef Ravioli Breadsticks Turkey & Cheese Wrap Ham Pesto Wrap Salad Bar Fresh Fruit Variety Milk- Variety Salsa	Feb - 5 Turkey Taco Boat Sloppy Joe on a bun Roast Beef & Swiss Sub Turkey & Cheese Sub Salad Bar Fresh Fruit Variety Milk- Variety	Feb - 6 White Chicken Chili Cracker Oyster Chicken Burger Sidewinders BBQ Tuna Salad Sandwich Salad Bar Fresh Fruit Variety Baked Potato Milk- Variety	Feb - 7 Mighty Mac & Cheese Breadsticks Fish & Chips Meatball Sub Hot Ham & Cheese Sand. Salad Bar Fresh Fruit Variety Milk- Variety	Feb - 8 Pizza Chicken Garlic Chicken Burger Lettuce Tomato Pickles Salad Garden-Ranch Fresh Fruit Variety Milk- Variety
Feb - 11 BBQ Pulled Pork Sandwich Baked Beans Spicy Black Bean Burger Egg Rolls w/ Rice & Veg Chicken Caesar Wraps Salad Bar Fresh Fruit Variety Milk- Variety	Feb - 12 Spaghetti Breadsticks Ham & Cheese Sub Roast Beef & Swiss Sub Chicken Sthwst Tornado Salad Bar Fresh Fruit Variety Milk- Variety	Feb - 13 Mini Corn Dogs Chicken Chow Mein Fish & Chips Turkey & Cheese Wrap Roast Beef & Cheese Wrap Salad Bar Fresh Fruit Variety Baked Potato Milk- Variety	Feb - 14 Turkey Taco Boat Hamburger w/ Cheese Hot Ham & Cheese Sand. Meatball Sub Lettuce Tomato Pickles Salad Bar Fresh Fruit Variety Milk- Variety	Feb - 15 HOLIDAY
Feb - 18 HOLIDAY	Feb - 19 BBQ Pulled Pork Sandwich Orange Chicken Steamed Brown Rice Turkey & Cheese Sub Ham & Cheese Sub Salad Bar Fresh Fruit Variety Milk- Variety	Feb - 20 Chicken Taco Boat Clam Chowder & Bread Bow Roast Beef & Cheese Wrap Turkey Pesto Wrap Salad Bar Fresh Fruit Variety Milk- Variety Salsa	Feb - 21 Rib B Que on a Bun Chicken Burger Hot Ham & Cheese Sand. Taquito's Chicken Guacamole & Sour Cream Salad Bar Fresh Fruit Variety Milk- Variety	Feb - 22 Texas Straw Hats Chick Chow Mein Egg Roll Salad Garden-Ranch Fresh Fruit Variety Milk- Variety
Feb - 25 Burrito Chicken Fritters French Fries Chicken Caesar Wraps Salad Bar Fresh Fruit Variety Milk- Variety	Feb - 26 Lasagna Breadsticks Chicken Fajitas Salad Bar Fresh Fruit Variety Milk- Variety	Feb - 27 Turkey Gravy & Mashed Potatoes Grilled Cheese Sandwich Green Beans Salad Bar Fresh Fruit Variety Milk- Variety	Feb - 28 Chili Cheese Fries Bacon Cheese Burger Hot Ham & Cheese Sand. Salad Bar Fresh Fruit Variety Milk- Variety Lettuce Tomato Pickles	

In operation of child feeding programs, no child will be discriminated against because of race, color, national origin, age, or handicap. If you believe you have been discriminated against write immediately to the Secretary of Agriculture, Washington D.C. 20250

**N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient.*

** - denotes combined nutrient totals with either missing or incomplete nutrient data.*

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.