

**Lakeport Unified School District**  
**High School Breakfast Menu**  
**January 2018**

<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
Jan - 1 HOLIDAY	Jan - 2 Pancake on a Stick Bagel Variety Cream Cheese Assorted Cereal Variety Yogurt w/ Granola Fresh Fruit Assorted Milk- Variety Orange Juice	Jan - 3 Breakfast Scamble Pizza Bagel Variety Cream Cheese Assorted Cereal Variety Yogurt w/ Granola Fresh Fruit Assorted Milk- Variety Orange Juice	Jan - 4 Quiche Bagel Variety Cream Cheese Assorted Cereal Variety Yogurt w/ Granola Fresh Fruit Assorted Milk- Variety Orange Juice	Jan - 5 Cardinal Sandwich Bagel Variety Cream Cheese Assorted Cereal Variety Yogurt w/ Granola Fresh Fruit Assorted Milk- Variety Orange Juice
Jan - 8 Egg & Saus Tornados Bagel Variety Cream Cheese Assorted Cereal Variety Yogurt w/ Granola Fresh Fruit Assorted Milk- Variety Orange Juice	Jan - 9 Oatmeal Oatmeal Toppings Bagel Variety Cream Cheese Assorted Cereal Variety Yogurt w/ Granola Fresh Fruit Assorted Milk- Variety Orange Juice	Jan - 10 Potato Bake Bagel Variety Cream Cheese Assorted Cereal Variety Yogurt w/ Granola Fresh Fruit Assorted Milk- Variety Orange Juice	Jan - 11 Biscuits & Gravy Bagel Variety Cream Cheese Assorted Cereal Variety Yogurt w/ Granola Fresh Fruit Assorted Milk- Variety Orange Juice	Jan - 12 Bagel Variety Cream Cheese Assorted Cereal Variety Yogurt w/ Granola Fresh Fruit Assorted Milk- Variety Orange Juice
Jan - 15 HOLIDAY	Jan - 16 Waffle Sticks Syrup Bagel Variety Cream Cheese Assorted Cereal Variety Yogurt w/ Granola Fresh Fruit Assorted Milk- Variety Orange Juice	Jan - 17 Breakfast Slider Bagel Variety Cream Cheese Assorted Cereal Variety Yogurt w/ Granola Fresh Fruit Assorted Milk- Variety Orange Juice	Jan - 18 Egg, Sausage Burrito Bagel Variety Cream Cheese Assorted Cereal Variety Yogurt w/ Granola Fresh Fruit Assorted Milk- Variety Orange Juice	Jan - 19 Cardinal Sandwich Bagel Variety Cream Cheese Assorted Cereal Variety Yogurt w/ Granola Fresh Fruit Assorted Milk- Variety Orange Juice
Jan - 22 Pancakes with Fruit Syrup Bagel Variety Cream Cheese Assorted Cereal Variety Yogurt w/ Granola Fresh Fruit Assorted Milk- Variety Orange Juice	Jan - 23 Breakfast Boat Bagel Variety Cream Cheese Assorted Cereal Variety Yogurt w/ Granola Fresh Fruit Assorted Milk- Variety Orange Juice	Jan - 24 Eng. Muffin & PB & J Bagel Variety Cream Cheese Assorted Cereal Variety Yogurt w/ Granola Fresh Fruit Assorted Milk- Variety Orange Juice	Jan - 25 Breakfast Scamble Pizza Bagel Variety Cream Cheese Assorted Cereal Variety Yogurt w/ Granola Fresh Fruit Assorted Milk- Variety Orange Juice	Jan - 26 Buttermilk Bar Bagel Variety Cream Cheese Assorted Cereal Variety Yogurt w/ Granola Fresh Fruit Assorted Milk- Variety Orange Juice
Jan - 29 Egg and Cheese Biscuit Bagel Variety Cream Cheese Assorted Cereal Variety Yogurt w/ Granola Fresh Fruit Assorted Milk- Variety Orange Juice	Jan - 30 Potato Bake Bagel Variety Cream Cheese Assorted Cereal Variety Yogurt w/ Granola Fresh Fruit Assorted Milk- Variety Orange Juice	Jan - 31 French Toast Syrup Bagel Variety Cream Cheese Assorted Cereal Variety Yogurt w/ Granola Fresh Fruit Assorted Milk- Variety Orange Juice		

In operation of child feeding programs, no child will be discriminated against because of race, color, national origin, age, or handicap. If you believe you have been discriminated against write immediately to the Secretary of Agriculture, Washington D.C. 20250

**\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient.**

**\* - denotes combined nutrient totals with either missing or incomplete nutrient data.**

**NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.**