

**Lakeport Unified School District**  
**High School Lunch Menu**  
**January 2018**

Monday	Tuesday	Wednesday	Thursday	Friday
Jan - 1  HOLIDAY	Jan - 2  Fish & Chips Hamburger with Bun Meatball Sub Ham Pesto Wrap Turkey & Cheese Wrap Lettuce Tomato Pickles Salad Bar Fresh Fruit Variety Milk- Variety	Jan - 3  Chicken Pot Pie W.G. Corn Dog French Fries Turkey & Cheese Sub Roast Beef & Swiss Sub Lettuce Tomato Salad Bar Fresh Fruit Variety Milk- Variety Baked Potato	Jan - 4  Turkey Taco Boat Rib B Que on a Bun W.G. Chicken Strips Steamed Brown Rice Steamed Broccoli Salad Bar Fresh Fruit Variety Milk- Variety Salsa	Jan - 5  Pizza Cheese Round Egg Rolls w/ Rice & Veg Salad Bar Fresh Fruit Variety Milk- Variety
Jan - 8  Mini Corn Dogs Hot Dog on a Bun French Fries Chicken Burger Lettuce Tomato Pickles Salad Bar Fresh Fruit Variety Milk- Variety	Jan - 9  Lasagna Breadsticks Hot Ham & Cheese Sand. BBQ Pulled Pork Sandwich Baked Beans Salad Bar Fresh Fruit Variety	Jan - 10  Taco Salad Clam Chowder & Bread Bow Hot Ham & Cheese Sand. Taquito's Chicken Guacamole & Sour Cream Spanish Rice Salad Bar Fresh Fruit Variety Milk- Variety Baked Potato	Jan - 11  Fish Sticks & Fries Rib B Que on a Bun Tom Soup & Cheese Sand Hamburger w/ Cheese Lettuce Tomato Pickles Salad Bar Fresh Fruit Variety Milk- Variety	Jan - 12  Pizza, Stuffed Crust Burrito Salad Bar Fresh Fruit Variety Milk- Variety
Jan - 15  HOLIDAY	Jan - 16  Spaghetti Breadsticks Chicken Stir-Fry Teriyak Steamed Brown Rice Chicken Ceasar Wraps Salad Bar Fresh Fruit Variety Milk- Variety	Jan - 17  White Chicken Chili Cracker Oyster W.G. Corn Dog Meatball Sub Roast Beef & Swiss Sub Lettuce Tomato Salad Bar Fresh Fruit Variety Milk- Variety Baked Potato	Jan - 18  Hamburger with Bun French Fries Chicken Chow Mein Turkey & Cheese Sub Ham & Cheese Sub Lettuce Tomato Pickles Salad Bar Fresh Fruit Variety Milk- Variety	Jan - 19  Pizza Cheese Round Egg Rolls w/ Rice & Veg Salad Bar Fresh Fruit Variety Milk- Variety
Jan - 22  Burrito Casserole Hot Dog on a Bun Rib B Que on a Bun Taquito's Chicken Guacamole & Sour Cream Steamed Brown Rice Salad Bar Fresh Fruit Variety Milk- Variety Salsa	Jan - 23  Chili Mac BBQ Pulled Pork Sandwich Turkey & Cheese Sub Ham & Cheese Sub Lettuce Tomato Salad Bar Fresh Fruit Variety Milk- Variety	Jan - 24  Baked Chicken Fish Sticks & Fries Chicken BBQ Sand Macaroni Salad Salad Bar Fresh Fruit Variety Milk- Variety Baked Potato	Jan - 25  Texas Straw Hats Meatball Sub Mini Corn Dogs French Fries Salad Bar Fresh Fruit Variety Milk- Variety	Jan - 26  Pizza, Stuffed Crust Burrito Salad Bar Fresh Fruit Variety Milk- Variety

**\*N/A\*** - denotes a nutrient that is either missing or incomplete for an individual ingredient.

**\* -** denotes combined nutrient totals with either missing or incomplete nutrient data.

**NOTICE:** The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.