

Lakeport Unified School District

High School Lunch Menu

March 2018

Monday	Tuesday	Wednesday	Thursday	Friday
			Mar - 1 Chicken Nuggets Steamed Brown Rice Taquito's Chicken Guacamole & Sour Cream Meatball Sub Hot Ham & Cheese Sand. Salad Bar Fresh Fruit Variety Milk- Variety	Mar - 2 NO SCHOOL TODAY
Mar - 5 Fish & Chips Grilled Chicken Patty W.G. Corn Dog French Fries Lettuce Tomato Pickles Salad Bar Fresh Fruit Variety Milk- Variety	Mar - 6 Baked Chicken Spaghetti Breadsticks Turkey & Cheese Sub Ham & Cheese Sub Lettuce Tomato Salad Bar Fresh Fruit Variety Milk- Variety	Mar - 7 Hamburger w/ Cheese BBQ Pulled Pork Sandwich Roast Beef & Swiss Sub White Chicken Chili Cornbread Salad Bar Fresh Fruit Variety Baked Potato Milk- Variety Lettuce Tomato Pickles	Mar - 8 Burrito Taco Nada Habanero Meatball Sub Tamale Steamed Brown Rice Salad Bar Fresh Fruit Variety Milk- Variety Salsa	Mar - 9 Pizza, Stuffed Crust Egg Rolls w/ Rice & Veg Salad Bar Fresh Fruit Variety Milk- Variety
Mar - 12 Chicken Burger Hamburger w/ Cheese Potato Wedges Lettuce Tomato Pickles Turkey & Cheese Sub Ham & Cheese Sub Burrito Salad Bar Fresh Fruit Variety Milk- Variety	Mar - 13 Lasagna Breadsticks Steak & Cheese Tornado Rib B Que on a Bun French Fries Salad Bar Fresh Fruit Variety Milk- Variety	Mar - 14 Chicken Chow Mein Burrito Roast Beef & Swiss Sub Turkey & Cheese Sub Lettuce Tomato Salad Bar Fresh Fruit Variety Baked Potato Milk- Variety	Mar - 15 Turkey Taco Boat Beef Ravioli Breadsticks Chicken Ceasar Wraps Salad Bar Fresh Fruit Variety Milk- Variety Salsa	Mar - 16 Pizza Cheese Round Burrito Salad Bar Fresh Fruit Variety Milk- Variety
Mar - 19 Hot Ham & Cheese Sand. Hamburger with Bun W.G. Corn Dog French Fries Turkey & Cheese Sub Lettuce Tomato Pickles Salad Bar Fresh Fruit Variety Milk- Variety	Mar - 20 Fish Sticks & Fries Chicken Burger Mini Corn Dogs Turkey Pesto Wrap Chicken Ceasar Wraps Lettuce Tomato Pickles Salad Bar Fresh Fruit Variety Milk- Variety	Mar - 21 Turkey Taco Boat Grilled Chicken Patty Hot Ham & Cheese Sand. Meatball Sub Salad Bar Fresh Fruit Variety Baked Potato Milk- Variety	Mar - 22 Chicken Nuggets Steamed Brown Rice Hamburger with Bun Chili Dog Turkey & Cheese Wrap Ham Pesto Wrap Lettuce Tomato Pickles Salad Bar Fresh Fruit Variety Milk- Variety	Mar - 23 Pizza, Stuffed Crust Burrito Salad Bar Fresh Fruit Variety Milk- Variety
Mar - 26 Hot Ham & Cheese Sand. Hamburger with Bun W.G. Corn Dog French Fries Taquito's Chicken Steamed Brown Rice Lettuce Tomato Pickles Salad Bar Fresh Fruit Variety Milk- Variety	Mar - 27 Lasagna Breadsticks Turkey Taco Boat BBQ Pulled Pork Sandwich Salad Bar Fresh Fruit Variety Milk- Variety Salsa	Mar - 28 Grilled Chicken Patty Fish & Chips Tamale Chicken Enchilada Fresh Roll Salad Bar Fresh Fruit Variety Baked Potato Milk- Variety	Mar - 29 Tamale Chili Cheese Fries W.G. Corn Dog Taquito's Chicken Steamed Brown Rice Lettuce Tomato Pickles Salad Bar Fresh Fruit Variety Milk- Variety	Mar - 30 Pizza Cheese Round Burrito Salad Bar Fresh Fruit Variety Milk- Variety

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient.

* - denotes combined nutrient totals with either missing or incomplete nutrient data.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

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In operation of child feeding programs, no child will be discriminated against because of race, color, national origin, age, or handicap. If you believe you have been discriminated against write immediately to the Secretary of Agriculture, Washington D.C. 20250				

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