

Lakeport Unified School District

High School Breakfast Menu

November 2017

Monday	Tuesday	Wednesday	Thursday	Friday
		Nov - 1 French Toast Syrup Bagel Variety Cream Cheese Assorted Cereal Variety Yogurt w/ Granola Fresh Fruit Assorted Milk- Variety Orange Juice	Nov - 2 Breakfast Scramble Pizza Bagel Variety Cream Cheese Assorted Cereal Variety Yogurt w/ Granola Fresh Fruit Assorted Milk- Variety Orange Juice	Nov - 3 Cardinal Sandwich Bagel Variety Cream Cheese Assorted Cereal Variety Yogurt w/ Granola Fresh Fruit Assorted Milk- Variety Orange Juice
Nov - 6 Waffle Sticks Syrup Bagel Variety Cream Cheese Assorted Cereal Variety Yogurt w/ Granola Fresh Fruit Assorted Milk- Variety Orange Juice	Nov - 7 Pancake on a Stick Bagel Variety Cream Cheese Assorted Cereal Variety Yogurt w/ Granola Fresh Fruit Assorted Milk- Variety Orange Juice	Nov - 8 Croissant Egg & Cheese Bagel Variety Cream Cheese Assorted Cereal Variety Yogurt w/ Granola Fresh Fruit Assorted Milk- Variety Orange Juice	Nov - 9 Potato Bake Bagel Variety Cream Cheese Assorted Cereal Variety Yogurt w/ Granola Fresh Fruit Assorted Milk- Variety Orange Juice	Nov - 10 HOLIDAY
Nov - 13 Quiche Bagel Variety Cream Cheese Assorted Cereal Variety Yogurt w/ Granola Fresh Fruit Assorted Milk- Variety Orange Juice Salsa	Nov - 14 Egg, Sausage Burrito Bagel Variety Cream Cheese Assorted Cereal Variety Yogurt w/ Granola Fresh Fruit Assorted Milk- Variety Orange Juice Salsa	Nov - 15 Egg & Saus Tornos Bagel Variety Cream Cheese Assorted Cereal Variety Yogurt w/ Granola Fresh Fruit Assorted Milk- Variety Orange Juice	Nov - 16 Breakfast Slider Bagel Variety Cream Cheese Assorted Cereal Variety Yogurt w/ Granola Fresh Fruit Assorted Milk- Variety Orange Juice	Nov - 17 Cardinal Sandwich Bagel Variety Cream Cheese Assorted Cereal Variety Yogurt w/ Granola Fresh Fruit Assorted Milk- Variety Orange Juice
Nov - 20 NO SCHOOL TODAY	Nov - 21 NO SCHOOL TODAY	Nov - 22 NO SCHOOL TODAY	Nov - 23 HOLIDAY	Nov - 24 NO SCHOOL TODAY
Nov - 27 Egg & Saus Tornos Bagel Variety Cream Cheese Assorted Cereal Variety Yogurt w/ Granola Fresh Fruit Assorted Milk- Variety Orange Juice Salsa	Nov - 28 Oatmeal Oatmeal Toppings Bagel Variety Cream Cheese Assorted Cereal Variety Yogurt w/ Granola Fresh Fruit Assorted Milk- Variety Orange Juice	Nov - 29 Breakfast Scramble Pizza Bagel Variety Cream Cheese Assorted Cereal Variety Yogurt w/ Granola Fresh Fruit Assorted Milk- Variety Orange Juice	Nov - 30 Potato Bake Bagel Variety Cream Cheese Assorted Cereal Variety Yogurt w/ Granola Fresh Fruit Assorted Milk- Variety Orange Juice	

In operation of child feeding programs, no child will be discriminated against because of race, color, national origin, age, or handicap. If you believe you have been discriminated against write immediately to the Secretary of Agriculture, Washington D.C. 20250

**N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient.*

** - denotes combined nutrient totals with either missing or incomplete nutrient data.*

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.