

Lakeport Unified School District

DECEMBER 2018 High School Breakfast Menu

Nov 19, 2018

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Monday	Tuesday	Wednesday	Thursday	Friday
Dec - 3 Egg, Sausage Burrito Bagel Variety Cream Cheese Variety Cereal Variety Yogurt w/ Granola Fresh Fruit Variety Orange Juice Milk- Variety	Dec - 4 Waffle Sticks Syrup Bagel Variety Cream Cheese Variety Cereal Variety Yogurt w/ Granola Fresh Fruit Variety Orange Juice Milk- Variety	Dec - 5 Pancakes with Sausage Syrup Bagel Variety Cream Cheese Variety Cereal Variety Yogurt w/ Granola Fresh Fruit Variety Orange Juice Milk- Variety	Dec - 6 Yogurt w/ Granola Bagel Variety Cream Cheese Variety Cereal Variety Fresh Fruit Variety Orange Juice Milk- Variety	Dec - 7 Breakfast Scamble Pizza Bagel Variety Cream Cheese Variety Cereal Variety Yogurt w/ Granola Fresh Fruit Variety Orange Juice Milk- Variety
Dec - 10 Breakfast Slider Bagel Variety Cream Cheese Variety Cereal Variety Yogurt w/ Granola Fresh Fruit Variety Orange Juice Milk- Variety	Dec - 11 Potato Bake Bagel Variety Cream Cheese Variety Cereal Variety Yogurt w/ Granola Fresh Fruit Variety Orange Juice Milk- Variety	Dec - 12 Croissant Egg & Cheese Bagel Variety Cream Cheese Variety Cereal Variety Yogurt w/ Granola Fresh Fruit Variety Orange Juice Milk- Variety	Dec - 13 Pancake on a Stick Bagel Variety Cream Cheese Variety Cereal Variety Yogurt w/ Granola Fresh Fruit Variety Orange Juice Milk- Variety	Dec - 14 French Toast Syrup Bagel Variety Cream Cheese Variety Cereal Variety Yogurt w/ Granola Fresh Fruit Variety Orange Juice Milk- Variety
Dec - 17 Oatmeal Oatmeal Toppings Bagel Variety Cream Cheese Variety Cereal Variety Yogurt w/ Granola Fresh Fruit Variety Orange Juice Milk- Variety	Dec - 18 Breakfast Scamble Pizza Bagel Variety Cream Cheese Variety Cereal Variety Yogurt w/ Granola Fresh Fruit Variety Orange Juice Milk- Variety	Dec - 19 Eng. Muffin & PB & J Bagel Variety Cream Cheese Variety Cereal Variety Yogurt w/ Granola Fresh Fruit Variety Orange Juice Milk- Variety	Dec - 20 Bagel Variety Cream Cheese Variety Cereal Variety Yogurt w/ Granola Fresh Fruit Variety Orange Juice Milk- Variety	Dec - 21 Biscuits & Gravy with Sausage Bagel Variety Cream Cheese Variety Cereal Variety Yogurt w/ Granola Fresh Fruit Variety Orange Juice Milk- Variety
Dec - 24 Dec - 31	Dec - 25	Dec - 26	Dec - 27	Dec - 28

In operation of child feeding programs, no child will be discriminated against because of race, color, national origin, age, or handicap. If you believe you have been discriminated against write immediately to the Secretary of Agriculture, Washington D.C. 20250

**N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient.*

** - denotes combined nutrient totals with either missing or incomplete nutrient data.*

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.