

Lakeport Unified School District

APRIL 2019 High School Lunch

Page 1

Mar 28, 2019

Monday	Tuesday	Wednesday	Thursday	Friday
Apr - 1 NO SCHOOL TODAY	Apr - 2 NO SCHOOL TODAY	Apr - 3 NO SCHOOL TODAY	Apr - 4 NO SCHOOL TODAY	Apr - 5 NO SCHOOL TODAY
Apr - 8 Burrito W.G. Corn Dog French Fries Salad Bar Fresh Fruit Variety Milk- Variety Salsa	Apr - 9 Hamburger w/ Cheese Sidewinders BBQ Turkey Pesto Wrap Tuna Salad Sandwich Salad Bar Lettuce Tomato Pickles Fresh Fruit Variety Milk- Variety	Apr - 10 Spaghetti Breadsticks Fish & Chips Chicken Caesar Wraps Salad Bar Fresh Fruit Variety Milk- Variety	Apr - 11 Rib B Que on a Bun Chicken Burger Baked Beans Ham & Cheese Sub Salad Bar Lettuce Tomato Pickles Fresh Fruit Variety Milk- Variety	Apr - 12 Pizza Chicken Garlic BBQ Pulled Pork Sandwich Salad Garden-Ranch Fresh Fruit Variety Milk- Variety
Apr - 15 Hamburger with Bun Mini Corn Dogs Turkey & Cheese Sub Salad Bar Lettuce Tomato Pickles Fresh Fruit Variety Milk- Variety	Apr - 16 Lasagna Breadsticks Ham & Cheese Sub Roast Beef & Swiss Sub Lettuce Tomato Salad Bar Fresh Fruit Variety Milk- Variety	Apr - 17 Chili Cheese Nacho's Chick Chow Mein Egg Roll Chicken Caesar Wraps Salad Bar Fresh Fruit Variety Milk- Variety	Apr - 18 Mini Corn Dogs Meatball Sub Hot Ham & Cheese Sand. Corn Salad Bar Fresh Fruit Variety Milk- Variety	Apr - 19 Chicken Soft Taco Refried Beans Burrito Salad Garden-Ranch Fresh Fruit Variety Milk- Variety Salsa
Apr - 22 Burrito Spicy Chicken Strips Steamed Brown Rice Tuna Salad Sandwich Egg Salad Sandwich Salad Bar Fresh Fruit Variety Milk- Variety Salsa	Apr - 23 BBQ Pulled Pork Sandwich Baked Beans Fish & Chips Meatball Sub Grilled Cheese Sandwich Salad Bar Fresh Fruit Variety Milk- Variety	Apr - 24 Pizza Cheese Round Ham Pesto Wrap Chicken Caesar Wraps Chicken Strips Steamed Brown Rice Salad Bar Fresh Fruit Variety Milk- Variety	Apr - 25 Texas Straw Hats Turkey & Cheese Sub Corn Fresh Roll Lettuce Tomato Salad Bar Fresh Fruit Variety Milk- Variety	Apr - 26 Beef & Bean Burrito Chicken Nuggets Steamed Brown Rice Steamed Broccoli Salad Garden-Ranch Fresh Fruit Variety Milk- Variety Salsa
Apr - 29 Chicken Burger BBQ Pulled Pork Sandwich Egg Salad Sandwich Lettuce Tomato Pickles Salad Bar Fresh Fruit Variety Milk- Variety	Apr - 30 Hamburger w/ Cheese French Fries Taco Salad Lettuce Tomato Pickles Salad Bar Fresh Fruit Variety Milk- Variety			

In operation of child feeding programs, no child will be discriminated against because of race, color, national origin, age, or handicap. If you believe you have been discriminated against write immediately to the Secretary of Agriculture, Washington D.C. 20250

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient.

***** - denotes combined nutrient totals with either missing or incomplete nutrient data.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.