

Lakeport Unified School District

MAY 2019 High School Lunch

Page 1

Apr 25, 2019

Monday	Tuesday	Wednesday	Thursday	Friday
		May - 1 Chicken Alfredo Fresh Roll Green Beans Chicken Caesar Wraps Roast Beef & Swiss Sub Ham & Cheese Sub Lettuce Tomato Salad Bar Fresh Fruit Variety Milk- Variety	May - 2 Chili Cheese Fries Chicken Burger Salad Bar Lettuce Tomato Pickles Fresh Fruit Variety Milk- Variety	May - 3 Pizza Chicken Garlic Grilled Cheese Sandwich Salad Garden-Ranch Fresh Fruit Variety Milk- Variety
May - 6 Burrito Fish & Chips Egg Rolls w/ Rice & Veg Salad Bar Fresh Fruit Variety Milk- Variety Salsa	May - 7 Lasagna Breadsticks Turkey Pesto Wrap Roast Beef & Cheese Wrap Salad Bar Fresh Fruit Variety Milk- Variety	May - 8 Spicy Chicken Strips Chicken Fritters Steamed Brown Rice Meatball Sub Hot Ham & Cheese Sand. Ham Pesto Wrap Turkey & Cheese Wrap Tuna Salad Sandwich Salad Bar Fresh Fruit Variety Milk- Variety	May - 9 W.G. Corn Dog French Fries Chicken Caesar Wraps Roast Beef & Cheese Wrap Turkey Pesto Wrap Egg Salad Sandwich Salad Bar Fresh Fruit Variety Milk- Variety	May - 10 Pizza Cheese Round Chicken Chow Mein Chicken Caesar Wraps Salad Garden-Ranch Fresh Fruit Variety Milk- Variety
May - 13 Teriyaki Dippers Steamed Brown Rice Chicken Sthwst Tornado Chicken Caesar Wraps Steamed Broccoli Salad Bar Fresh Fruit Variety Milk- Variety	May - 14 Spaghetti Breadsticks Chicken Caesar Wraps Turkey & Cheese Sub Ham & Cheese Sub Salad Bar Fresh Fruit Variety Milk- Variety	May - 15 Chicken Burger BBQ Pulled Pork Sandwich French Fries Roast Beef & Cheese Wrap Ham Pesto Wrap Egg Salad Sandwich Tuna Salad Sandwich Lettuce Tomato Pickles Salad Bar Fresh Fruit Variety Milk- Variety	May - 16 Mini Corn Dogs Turkey & Cheese Sub Roast Beef & Swiss Sub Chicken Caesar Wraps Green Beans Lettuce Tomato Salad Bar Fresh Fruit Variety Milk- Variety	May - 17 Chicken Taco Boat Beef & Bean Burrito Refried Beans Salad Garden-Ranch Fresh Fruit Variety Milk- Variety Salsa
May - 20 Beef & Bean Burrito Bacon Cheese Burger Lettuce Tomato Pickles Salad Garden-Ranch Fresh Fruit Variety Milk- Variety	May - 21 Texas Straw Hats Pumpkin Bread Salad Cup Fresh Fruit Variety Milk- Variety	May - 22 Beef Taco Boat Salad Cup Fresh Fruit Variety Milk- Variety	May - 23 Ham Pesto Wrap Turkey & Cheese Wrap Tuna Salad Sandwich Egg Salad Sandwich Carrot Sticks Fresh Fruit Variety Milk- Variety	May - 24 Taco Salad Fresh Fruit Variety Milk- Variety Cookie
May - 27	May - 28	May - 29	May - 30	May - 31

In operation of child feeding programs, no child will be discriminated against because of race, color, national origin, age, or handicap. If you believe you have been discriminated against write immediately to the Secretary of Agriculture, Washington D.C. 20250

**N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient.*

** - denotes combined nutrient totals with either missing or incomplete nutrient data.*

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.